



St. Paul's Lutheran Family

**September 2023
NEWSLETTER**

There's a Place for You at St. Paul's!



PASTOR'S REPORT

September

Hey! Where did summer go? School is back in session. We have the normal hot days for this time of year. AND you are moving forward in your call process.

A failure....yes, I failed. I wanted to try a high school conversation/bible study after school and after a discussion with the youth group decided this might not be that great an idea. I will continue to offer water to the students as they pass St. Paul's. Who knows we might get some students asking about us.

I spoke with a member of the Call Committee this week, and they are absolutely on task! It was pointed out to me that I might be too conservative in my assessment about when the Call might finalize. I hope he is right.

We are ready to begin work on the Memorial Garden. With two thousand dollars committed to the project, I hope that Tom and his crew can get started on a Saturday to bring the garden back to its proper shape and do the expansion within the next few months. We will be looking for a good-sized group to do the work when Tom is ready for us.

I am going to offer Confirmation/New Member classes beginning September 20th at 6:00 p.m. The classes will be promoted in the newsletter and Sunday bulletins.

As we look forward to the fall, I am prayerful that our weekly average attendance and giving will return to normal. The reality is that our offerings are not meeting our monthly budget. If you can help, it would be a blessing.

Mike+

1201 Saliman Rd.
Carson City, NV 89701

PO Box 20876
Carson City, NV 89721

Church Office Hours
Monday, Wednesday, and Friday: 9:00 a.m. to 12:00 p.m.

stpaulcarson@gmail.com www.stpaulslutheranfamily.com 775 882-3020

Council Corner
Louise Griffith,
President

President's Report
September



This article is dedicated to communicating the actions, decisions, and future action items of the Church Council. It is intended to give the congregation the highlights of the Church Council meeting.

After a busy summer with family and friends, I welcome my favorite time of the year...autumn. I look forward to warm days, cool nights, watching football with my husband Greg, and having a little more routine back in my life.

At the July council meeting, the council elected Louise Griffith as President, Ken Beaton as Vice President, John Bradtke as Secretary, and Sharon Gesick as Treasurer. The other members of the council include Tim Hamilton, Ruth Fitzgerald, Nikki Rohrs, Nakita Jones, and Cody Lopez.

After a review of the budget, an error in addition was found. The budget that was approved by the congregation at the annual meeting was \$257,203.00. The corrected amount should be \$227,774.00 (decrease of \$29,429.00). Because line-item amounts did not change, the council did not feel it was necessary to call another congregational meeting.

The final numbers for our fiscal year ending July 31,2023:

| | |
|-------------------------------|--------------|
| Total Actual Income: | \$194,543.91 |
| Total Actual Expenses: | \$193,077.43 |
| Difference Income vs Expense: | \$ 1,466.48 |
| Approved Budget 2022-2023: | \$238,909.00 |

Some other financial updates. By the time this newsletter has been published, we will have reached our goal of depositing \$20,000.00 into a separate bank account for moving and relocation expenses for a new pastor. However, due to cash flow, we have had to delay our contribution to the Sierra Pacific Synod/ELCA. During July and August, we had to transfer funds from our savings account to our checking account to meet payroll. As of the end of August, our savings will not cover one month of expenses. Like so many of us, we are living week to week on the offerings we receive. I know some of you have already increased your financial support of the church. Thank you!

Pastor Mike has spent a lot of time correcting the ELCA Congregation Report. We believe we now have a more accurate list of members and friends/family. According to our Constitution, members must take communion once per year and make a financial contribution. If you would like to make sure you are on the membership or friends/family list, you may email Brette at the church office with your contact information.

The Church Council will continue to meet on the third Thursday of each month at 6:00 p.m., except in December when we will take a Christmas break, and in June we will meet prior to the congregational annual meeting on June 9th. A meeting to review the budget for the fiscal year 2024-2025 has been planned for May 2024.

Continued on page 3

Pastor Mike, Ken Beaton, and I will attend the Sierra Pacific Synod Assembly as the representatives for St. Paul's on September 15-17, 2023, in Burlingame, California. During the assembly, we will be voting for a new Bishop, resolutions, and budget for the Synod. Tracy Angel will also be attending the assembly because she has been nominated to be an "at large member" to the Synod Council. We will have a guest speaker, and Jay Olshen will lead the service on Sunday, September 17th.

Plans are being made to extend the Memorial Garden and to place memorial stones for loved ones. Ashes may also be buried in the garden. If you would like more information, please talk to Pastor Mike.

The Call Committee has finalized the Ministry Site Profile and will be sending it to the Synod by the first week in September. Because of your contribution at the Call Committee Conversation meetings, they believe they have a very good document to present.

A meeting with the Carson City Superintendent, Pastor Mike, and St. Paul's members has been setup for September to discuss the purchase of the back property lot. The Church Council will also meet with the school district before making any recommendations to the congregation.

God's Work, Our Hands project is being led by Kim Neiman. We are hosting a Vitalant Blood Drive on Saturday, September 23rd. Please get the word out to neighbors, friends, community bulletin boards, your Facebook pages, employee lunchroom bulletin boards, grocery stores, email, and anywhere else you can think of. We have received a grant to support the costs of lunch for the staff and volunteers. This is the 10th Anniversary since the ELCA has adopted this slogan. It represents the connection we have between God and our community. So much of who we are is said in these simple four words.

I ask the congregation to unite in prayer each night at 8:00 p.m.

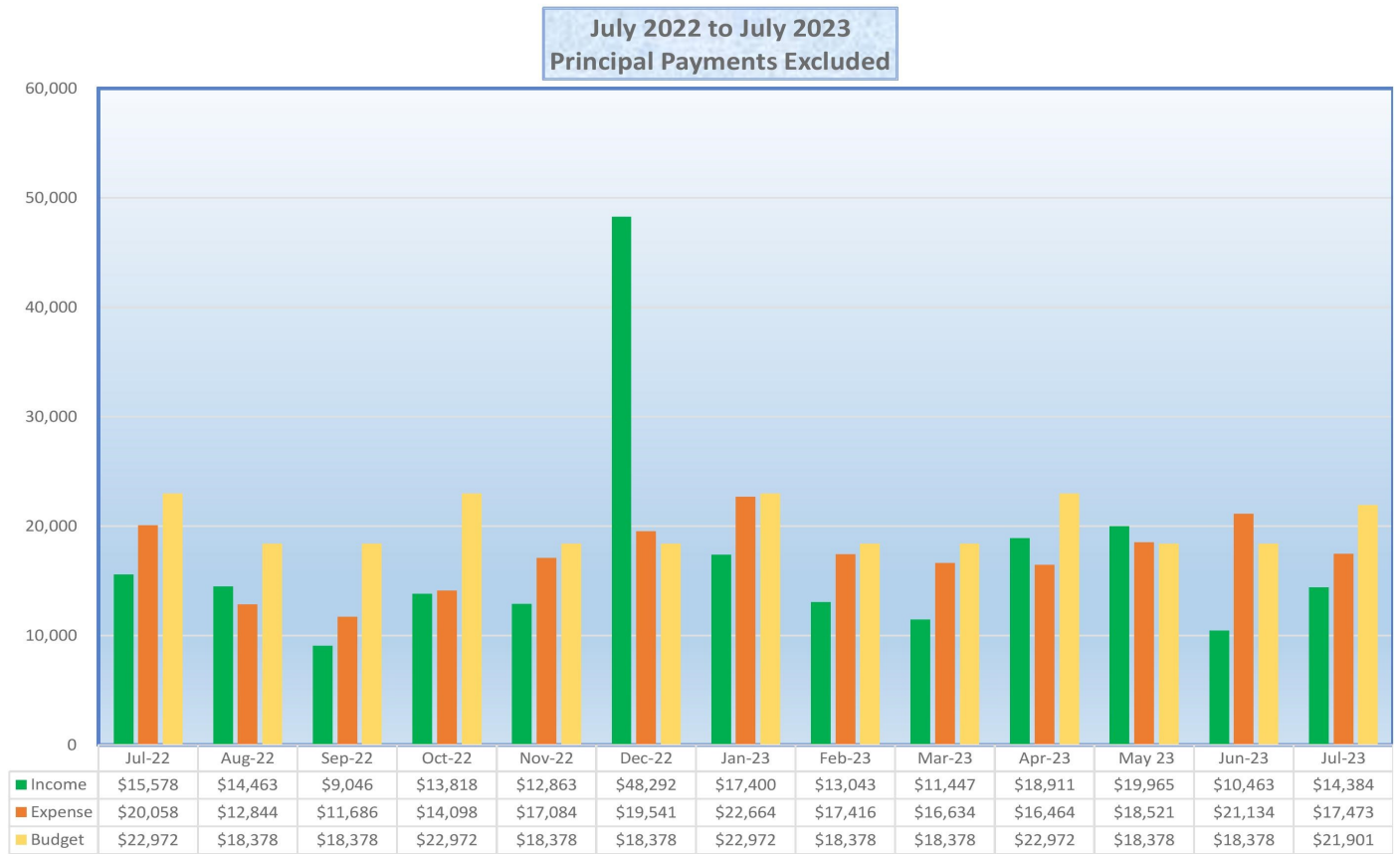
Loving God, be with us and guide us during this time of discernment. Fill our leaders with your wisdom. Keep us mindful of the work you would have us do. Lead us and guide us O Lord to be about the work of your kingdom even as the search for a new pastor continues. Bless all who have taken on extra responsibility and fill them with a sense of your love and presence. We pray in your Son's name, Jesus Christ, our Lord. Amen.

Louise Griffith, President

Phone: 775 232-7071 in the evenings Email: ladylouiseq@gmail.com

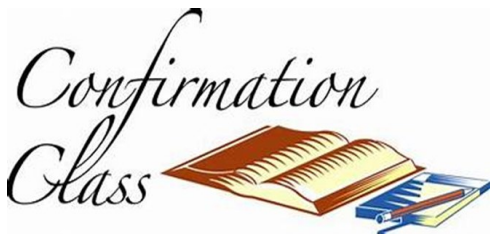


Treasurer's Report: Income, Expenses and Budgets Chart



July 2023 Chart

8/14/2023; 8:51 AM



We will begin Confirmation and New Member classes on Wednesday, September 20th at 6:00 p.m. in the Luther Room.

If you would like to join us, you are welcome.

Pastor Mile+





Altar Guild for September

Jere and Joan Schultz and Vicki Hamilton

Readers

| | |
|----------------------------|---------------|
| September 3 rd | Holly McPhail |
| September 10 th | Jay Olshen |
| September 17 th | Judy McPhail |
| September 24 th | Linda Wilson |

Greeters

| | |
|----------------------------|-------------------|
| September 3 rd | Judy McPhail |
| September 10 th | Charlotte LaCombe |
| September 17 th | Ruth Fitzgerald |
| September 24 th | Hope Chowanski |

Livestreaming Team

Nick Cotsonis and Holly McPhail

Musicians

Dave Lingsjo, Principle Musician
Vicki Hamilton, Organist
Carol Arneson, Choir Director

Ministry Leaders' E-mail

Altar Guild: Vicki Hamilton
victoriahamilton9@gmail.com

Greeters: Ruth Fitzgerald
mrsrfitz17@gmail.com

Counters: Mary DeFelice
Marenang@hotmail.com

Readers: Judy McPhail
ROMAC1945@outlook.com

Ushers: Dave Harrell
davidharrell93@yahoo.com

Communion Assistants: Judy McPhail
stpaulcarson@gmail.com

Card Ministry: Peg Bradtke
fakenails@aol.com

Stewardship: Deanna Fine
deannajofine@gmail.com

Counters

| | |
|----------------------------|-----------------------------------|
| September 3 rd | Judy McPhail and Carol Arneson |
| September 10 th | Nikki Rohrs and Jay Olshen |
| September 17 th | Judy McPhail and Dave Harrell |
| September 24 th | Deanna Fine and Jeanne Russell |

Communion Assistants

| | |
|----------------------------|----------------|
| September 3 rd | Vicki Hamilton |
| September 10 th | Deanna Fine |
| September 17 th | Nick Cotsonis |
| September 24 th | Judy McPhail |

Acolytes

Clay Woslum and Greg Griffith

Youth Acolytes

Volunteers for all dates TBA

Ushers

Dave Harrell, Kim Neiman, Judy McPhail, and
Holly McPhail

Ministry Leaders

Altar Guild: Vicki Hamilton
Greeters: Ruth Fitzgerald
Readers: Judy McPhail
Counters: Mary DeFelice
Communion Assistants: Judy McPhail
Youth Acolytes: Traci Angel
Card Ministry: Peg Bradtke
Stewardship: Deanna Fine



**“Alone we can do so little;
together we can do so much.” – Helen Keller**



Worship services are held each Sunday at 9:00 a.m.

Our worship service is live-streamed via YouTube.

Directions for YouTube: 

Copy and paste this link into your web browser.

<https://www.youtube.com/@st.paulslutheranfamily7828>

The link will take you to St. Paul's YouTube channel where you can watch the live service.

To watch recorded services, click on "Playlist" and then choose the Sunday service/video you want to watch.

"Everyone has a purpose in life and a unique talent to give to others. And when we blend this unique talent with service to others, we experience the ecstasy and exultation of our spirit, which is the ultimate goal of all goals." ~ Kallam Anji Reddy

"The great thing, and the only thing, is to adore and praise God." ~ Thomas Merton

Praise God even when you don't understand what He is doing. The ultimate test of faith is not how loudly you praise God in happy times but how deeply you trust him in dark times. The great thing, and the only thing, is to adore and praise God. ~ Rick Warren



FIREFIIGHTERS/PEACE OFFICERS

Andy Steyn, Brian Hillenbrand, Tina Sherman, Mark Dickens, John Gould, Michael Gould, and Jason Wildblood.

SERVING IN THE ARMED FORCES

Raelynn Norman (niece of Judy McPhail), Matthew Russell (nephew of Judy McPhail), Brandon Luterick, Heather Joyner (Johnson), Peter Elverum, Sarah McGee, Bryce Stimpka, Olivia Lesperance, John Duffy (nephew of Sharon and Tom Gesick), and Justin Snowden.



You can help the people of Hawai'i who have lost everything in the wildfires.

Please give via the Lutheran Disaster Response.

Be a part of the Aloha Spirit! Thank you!

Please follow or click on the link below.
<https://www.elca.org/Our-Work/Relief-and-Development/Lutheran-Disaster-Response/>



Announcements



WELCA Bible Study

The WELCA Bible Study will resume on Tuesday, September 5th at 9:30 a.m.

We will be using the devotional, *Serving with Zeal*, (May) from the May/June issue of *Gather*.

You will find copies of the devotional on the sideboard in the narthex.

Please come and join us in a lively conversation. See you there!

Vicki Hamilton



INTERFAITH PICNIC

There will be an Interfaith Picnic on Sunday, September 24th from 2:00 p.m. to 4:00 p.m. on the lawn of St. Peter's Episcopal Church, 306 N. Minnesota St., Carson City.

For more information, please contact St. Peter's church office at 775 882-1534.

See you there!



Ushers Needed!

The Usher Ministry is in desperate need of ushers for Sunday services.

If you are interested in volunteering for this important position, please call Dave Harrell at 775 315-4661 or email him at davidharrell93@yahoo.com.

Thank you!

Choir Notes



Calling All Singers!

St. Paul's choir practice will resume on Wednesday, October 4, 2023 at 6:00 p.m. Please join us as we prepare music for the season.

Everyone is welcome!

For more information, contact Carol Arneson at carol_arneson@yahoo.com.



A Prayer Chain Leader is Needed!

If you can help, please call or email the church office. Thanks!

STITCHERS will meet September 12th and 26th in Friendship Hall from 9:00 a.m. to noon. For more information, please contact Sarah Jevne or Shirley Rickard. sarahj4821@gmail.com rickard.shirleyj@gmail.com



If you would like to be part of the card writing ministry that sends greetings cards to St. Paul's homebound, please contact Peg Bradtke. fakenails@aol.com





September Birthdays

- 2 Joan Yeskie
- 3 Carol Kalleres
- 3 Judy Webster
- 4 Lindsay Chowanski
- 10 Sharon Melsheimer
- 15 Garan Olson
- 18 Linda Thronson
- 22 Jennifer Coughlin
- 27 Pat Higgins
- 27 Jere Schultz
- 28 Jennifer Arneson
- 30 Karen Gould
- 30 Kylee Wilson



From the Carson City Strings regarding their donation to our church:

Please accept this donation as a token of our appreciation for providing rehearsal and class space for Carson City Symphony programs.

You have been welcoming and supportive, and we are grateful.

Thank you!

*Elinor Bugli
President, Carson City
Symphony Association*



There will be a Worship Life meeting on Sunday, September 3rd after the WELCA Coffee Hour.

The agenda will include planning for Reformation Sunday, Thanksgiving, Advent, and Christmas.

Anyone who would like to provide input on worship is invited to attend.

Judy McPhail will be leading the meeting.

We look forward to seeing you then.

Vicki Hamilton

**IT'S NOT
THE YEARS
IN YOUR LIFE
THAT COUNT.
IT'S THE LIFE
IN YOUR
YEARS.**

**-ABRAHAM
LINCOLN**



Make every day in your life special!

LEARN ABOUT:

GOD'S WORK: OUR HANDS @ COFFEE HOUR

HOSTED BY WELCA:
EVERYONE IS WELCOME TO JOIN!

| | |
|------------------|--|
| SEPT 3 | WE WILL BE SHARING INFORMATION ABOUT THE UPCOMING VITALANT BLOOD DRIVE. |
|------------------|--|

THE BLOOD DRIVE
IS SAT., SEPT. 23rd.



Coffee Hour hosts are needed for October and December. Please sign up on the sheet in the narthex if you can host one of these months.

Thank you!

BLOOD DRIVE!

HOSTED BY ST. PAUL'S LUTHERAN FAMILY

****Saturday, September 23rd from 9:00 a.m. – 1:00 p.m.****

St. Paul's Lutheran Family – Fellowship Hall

1201 N. Saliman Rd., Carson City at the corner of
Highway 50 and Saliman Rd.

Sign up by doing an advanced search for the date and times of
St. Paul's Blood Drive at <https://donors.vitalant.org/dwp/portal/dwa>

or call (877) 258-4825 and ask for the St. Paul's Blood Drive on September 23rd.



WHY DONATE BLOOD?

When you give blood, you have the potential to *help hospital patients within our community* and, when the need arises, others across the country.

Many people believe that most blood is needed after major disasters, yet daily personal emergencies and ongoing medical needs of thousands of patients require a constant and ready blood supply. **It's the blood already on hospital shelves that saves lives.**

**Every day in the U.S., patients in hospitals, surgical centers and emergency treatment facilities need approximately:
29,000 units of red blood cells - 5,000 units of platelets - 6,500 units of plasma**

**The need is real. The goal is 24 donations. Come be a part of the solution!
See you there!**



Donating Blood on September 23rd or Just Want to Work on Increasing Your Iron Level?

Our blood drive for “God’s Work, Our Hands” is September 23rd here at St. Paul’s in Fellowship Hall. In order to be able to donate successfully, one factor is to have a high enough hemoglobin level. This will be checked with a tiny stick of your fingertip prior to your donating blood. If you’ve ever been told you have “iron poor blood” or “low hemoglobin” or you just want to know more, here are some foods that can help raise your iron level, and thereby your hemoglobin level.

Eat foods high in iron and folate

Iron plays an important role in hemoglobin production. A protein called transferrin binds to iron and transports it throughout the body. This helps your body make red blood cells, which contain hemoglobin.

The first step toward raising your hemoglobin level on your own is to start eating more iron. Foods that are **high in iron** include:

- liver and organ meats shellfish
- beef broccoli
- kale spinach

Folate is a **B vitamin** that your body uses to produce heme, the part of your red blood cells that contains hemoglobin. Without enough folate, your red blood cells can’t mature. This can lead to **folate deficiency anemia** and low hemoglobin levels.

You can add folate to your diet by eating more:

- beef spinach
- black-eyed peas avocado
- lettuce rice
- kidney beans peanuts

Reference: healthline.com/health/how-to-increase-hemoglobin

Submitted by Kim Neiman

Thank you to all those who continue to financially support St. Paul’s. Without your devotion, our church would be hard-pressed to meet its financial obligations.

A special thank you to Pastor Mike, the Call Committee members, the Youth Group, and its incredible leader Traci Angel, the WELCA ladies, our worship music leaders Dave Lingsjo, Vicki Hamilton, and Carol Arneson, the Altar Guild, all the ministry leaders, the live streaming team Nick Cotsonis and Holly McPhail, our janitors Judy McPhail and Heidi Jones, and all our wonderful volunteers whose hard work keeps our church running smoothly and who make St. Paul’s the wonderful organization it is today.

We also appreciate all those members who always answer the call to donate school supplies, Angel Tree gifts, or anything else that is needed by our ministries and charities.

Bless you all!



This is not funny but a very touching story.

I was at the corner grocery store buying some early potatoes. I noticed a small boy, delicate of bone and feature, ragged but clean, hungrily appraising a basket of freshly picked green peas.

I paid for my potatoes but was also drawn to the display of fresh green peas. I am a pushover for creamed peas and new potatoes. Pondering the peas, I couldn't help overhearing the conversation between Mr. Miller (the store owner) and the ragged boy next to me.

"Hello, Barry, how are you today?"

"H'lo, Mr. Miller. Fine, thank ya. Jus' admirin' them peas. They sure look good."

"They are good, Barry. How's your Ma?"

"Fine. Gittin' stronger alla' time."

"Good. Anything I can help you with?"

"No, Sir. Jus' admirin' them peas."

"Would you like take some home?" asked Mr. Miller.

"No, Sir. Got nuthin' to pay for 'em with."

"Well, what have you to trade me for some of those peas?"

"All I got's my prize marble here."

"Is that right? Let me see it," said Mr. Miller.

"Here 'tis. She's a dandy."

"I can see that. Hmm, only thing is this one is blue, and I sort of go for red. Do you have a red one like this at home?" the store owner asked.

"Not zackley but almost."

"Tell you what. Take this sack of peas home with you and next trip this way let me look at that red marble," Mr. Miller told the boy.

"Sure will. Thanks Mr. Miller."

Mrs. Miller, who had been standing nearby, came over to help me. With a smile she said, "There are two other boys like him in town, all three are in very poor circumstances. Jim just loves to bargain with them for peas, apples, tomatoes, or whatever. When they come back with their red marbles, and they always do, he decides he doesn't like red after all, and he sends them home with a bag of produce for a green marble or an orange one, when they come on their next trip to the store."

I left the store, smiling to myself, impressed with this man. A short time later I moved to Colorado, but I never forgot the story of this man, the boys, and their bartering for marbles.

Several years went by, each more rapid than the previous one. Just recently I had occasion to visit some old friends in that Idaho community, and while I was there, learned that Mr. Miller had died. They were having his visitation that evening, and knowing my friends wanted to go, I agreed to accompany them. Upon arrival at the mortuary, we fell into line to meet the relatives of the deceased and to offer whatever words of comfort we could.

Ahead of us in line were three young men. One was in an army uniform and the other two had nice haircuts, wore dark suits and white shirts...all very professional looking. They approached Mrs. Miller standing composed and smiling by her husband's casket. Each of the young men hugged her, kissed her on the cheek, spoke briefly with her and moved on to the casket.

Her misty light-blue eyes followed them as one by one each young man stopped briefly and placed his own warm hand over the cold pale hand in the casket. Each left the mortuary awkwardly, wiping his eyes.

Continued on page 9

Our turn came to meet Mrs. Miller. I told her who I was and reminded her of the story from those many years ago and what she had told me about her husband's bartering for marbles. With her eyes glistening, she took my hand and led me to the casket.

"Those three young men who just left were those boys. They just told me how they appreciated the things Jim "traded" them. Now, at last, when Jim could not change his mind about color or size...they came to pay their debt."

"We've never had a great deal of the wealth of this world," she confided, "but right now, Jim would consider himself the richest man in Idaho."

With loving gentleness, she lifted the lifeless fingers of her deceased husband. Resting underneath were three exquisitely shined red marbles.

We will not be remembered by our words, but by our kind deeds

Today I wish you a day of ordinary miracles.
A fresh pot of coffee you didn't make yourself.
An unexpected phone call from an old friend.
Green lights on your way to an appointment.
The fastest line at the grocery store.
A good sing-along song on the radio.
Your keys found right where you left them.

Never be in way too much of a hurry to even notice the ordinary miracles when they occur.

Kindly contributed by Dick Lowther

Worthy Charities

Lutheran World Relief

<https://search.yahoo.com/search?fr=mcafee&type=E211US0G0&p=Lutheran+World+Relief>

Lutheran Disaster Relief

<https://www.elca.org/Our-Work/Relief-and-Development/Lutheran-Disaster-Response/>

Catmandu Cat Shelter

<https://www.catmanducc.org/>

Scaredy Cats Trap Neuter Release

<https://www.scaredycatstnr.com/>

Nevada Humane Society

<https://nevadahumanesociety.org/>

Advocates to End Domestic Violence

<https://www.aedv.org/>

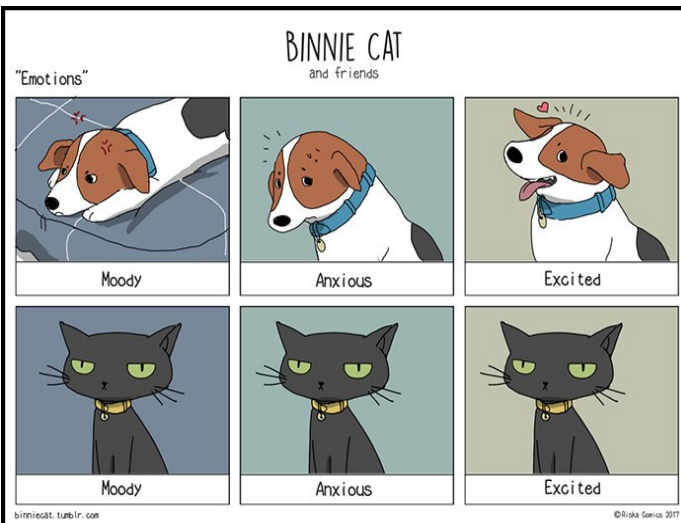
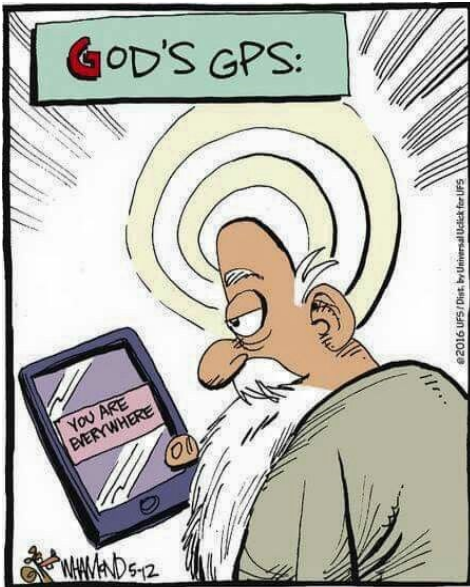
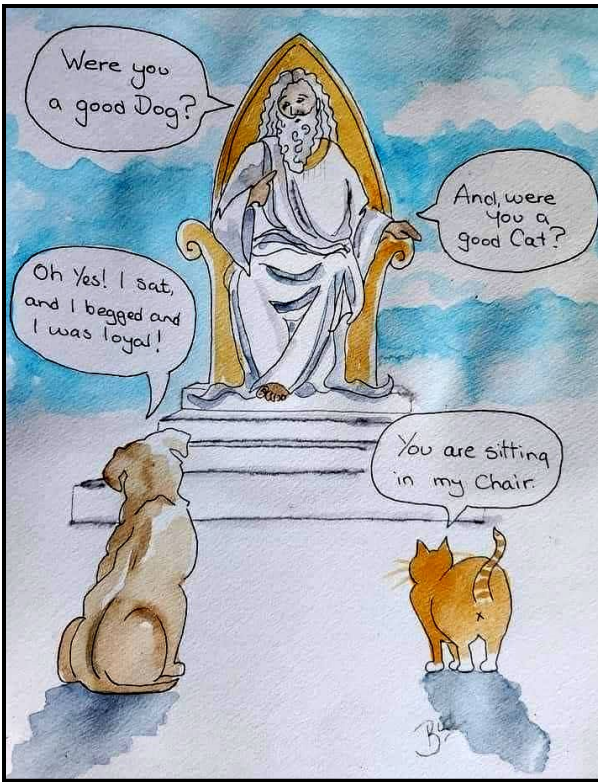
FISH Friends in Service Helping

<https://www.nvfish.com/>

Northern Nevada Dream Center

<https://nndreamcenter.org/>







Sundays

NA, 7:00 p.m.

Sunday, September 3rd

WELCA Coffee Hour after worship

Sunday, September 24th

Interfaith Picnic, St. Peter's Episcopal Church
2:00 p.m. to 4:00 p.m.

Monday, September 4th

Labor Day

The church office will be closed.

Tuesday, September 5th

WELCA Bible Study
9:30 a.m. to 10:30 a.m.

Tuesdays, September 12th and 26th

Stitchers 9:00 a.m. to noon, Friendship Hall

Wednesday, September 20th

Confirmation and New Members Class
6:00 p.m. in the Luther Room

Thursday, September 14th

Executive Meeting, 6:00 p.m.

Thursday, September 21st

Council Meeting, 6:00 p.m.

Saturday, September 23rd

Vitalant Blood Drive, 9:00 a.m. to 1:00 p.m.

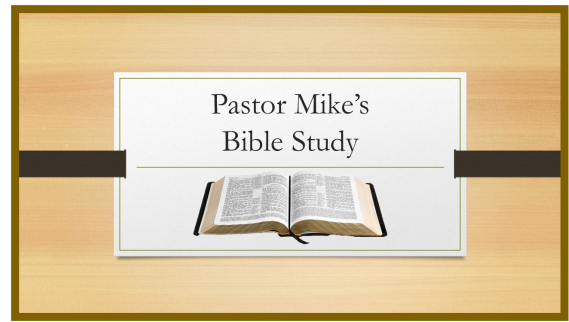
Friendship Hall

Worship services are held every Sunday at 9:00 a.m.

This Month's Worship Schedule: September 3rd, 10th, 17th, and 24th

Pastor Mike's Bible Study

Please join Pastor Mike for Bible Study each Sunday after the worship service.



Our office assistant is in the church office **Monday, Wednesday, and Friday** from **9:00 a.m. to noon.**

Check out St. Paul's new website.

<https://www.stpaulslutheranfamily.com/>



The autumnal equinox arrives in the Northern Hemisphere on **Saturday, September 23, 2023, at 2:50 a.m. EDT.** The equinox occurs at the same moment worldwide.

If you have an event, birthday, anniversary, graduation, or any other special occasion you'd like to have published in the newsletter, please send the information to the church office by the **21st of each month unless otherwise advised.** Thanks!

Please note: If submissions are not made by the deadline date, all articles and photos will go into the next month's newsletter.



Did you know? **September** is known as Happy Cat Month! This holiday was created by the CATalyst Council with the mission of promoting cats' health and welfare. While we care about our cats and their health all year round, this month is a great way to show extra appreciation and care for our feline companions.

